

# COUNSELING SERVICES INC

1605 John Street, Fort Lee, NJ 07024

**Lorie A. Meiselman LCSW, LPC, CCS**

Clinical Director

## Client Orientation

Mental Health is as vital to your well-being as regular medical and dental care.

As a mental health professional, I will help you cope with emotional distress, just as a physician takes care of your medical problems.

### **Commitment:**

The relationship you and I develop is an important aspect of the therapy process. Working to help you cope with life's struggles and improve your overall well-being, involves a commitment on both our parts. Our scheduled time together is a joint responsibility. Setting aside the weekly time for our sessions or as often as needed, is part of this responsibility. Sessions will be held on the assigned day and agreed-upon time.

Sessions canceled with less than 72 hours notice will require financial remittance. Make-up sessions will be provided based on availability.

Upon request, a monthly statement will be provided which you may submit for Insurance reimbursement or use for a tax deduction at the end of the year.

I have read, understand, and agree to the above statements.

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Patients' Signature

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Date

*"Talking is healing and healing takes time" . . .*